

2019 Wellness checkup for NZBC



1Cor. 12:12-27



Purpose of the periodic health examination



- As primary prevention
- To identify risk factors for common chronic diseases
- To detect disease that has no apparent symptoms
- As a way for the doctor to counsel people to promote healthy behavior
- To update clinical data since last checkup
- To enhance the relationship between you and your doctor



2019 NZBC wellness Check-up sheet



- Age _____, Member ___ or Non-member_____
- **Do you take part in the following?**
- REACH groups. (Sunday Morning SS group) yes___ No___
- If not why? _____
- Grow Groups. (Sunday Evening DTR) Yes___ No___
- If not why? _____
- **What is The Mission Statement of NZBC?**
- _____

- On a scale of 1 (Non-effective) to 10 (Totally effective)
- How would you rate us in fulfilling this statement? _____

2019 NZBC wellness Check-up sheet



- On a scale of 1 (Non effective) to 10 (Totally effective)
- How would you rate NZBC as a Church?
- Evangelism _____ Discipleship _____ Fellowship _____
- Missions _____ Worship _____
- Jesus gave us some direct instructions and commandments as His church. Things we are commanded to do. How well do you think we as a church are fulfilling these commandments?
(1= not at all. TO 10 = totally fulfilled.)
- #1 Love one another. _____
- #2 Be my witness. Share the gospel. _____
- #3 Make disciples. _____
- Do you think NZBC is a welcoming church to all people? _____
(1= not at all. TO 10 = totally.)
- Please explain your response:

Personal Practices:



- **Sharing the Gospel:**
- Do you think the bible teaches us that all Christians have a responsibility for sharing the gospel? Yes _____ or NO _____.
- How often do you invite others to church?
- Often _____ from time to time. _____ Seldom _____ Never _____
- In the past 12 months how many spiritual conversation have you had with someone that is unchurched or lost?
- 0 times _____ 1-5 times _____ 5-10 times _____ 10-15 times _____ 15+ times _____
- In the past 12 months How many times would you say you have shared your testimony with someone who does not know Christ?
- 0 times _____ 1-5 times _____ 5-10 times _____ 10-15 times _____ 15+ times _____
- In the past 12 months how many times have you personally led someone to Christ? _____ times.

Personal Practices:



- **Making Disciples:**

- Do you have someone in your life that holds you accountable for living a Christian life? Yes ___ No ____.
- How many days a week would you say you average spending time in the Word and in prayer? _____
- Are you investing in someone else's life and holding them accountable for the purpose of disciple making? Yes _____ No ____

Personal Practices:



- **Loving one another:**
- On average we have about 150 people in our worship each Week. What percentage of those people would you say you do not know? _____
- How would you rate your personal involvement in showing others the love of Christ in a tangible way? Is that something that you
Do often _____ Do from time to time. _____ Seldom do _____ Never do _____

Why is it important that we do this?



1 Cor. 3:10-15

We need to be careful How we build. (Vr. 11)

Our work will be tested by fire. (vr. 13)

Those works that are worthless will cause us great loss. (vr. 15)

2 Cor. 13:5-6

God will reveals to us what His children should be focusing our lives on.

God will reveal how we have made faith all about us and not about Him.

God will reveal to us Sin in our hearts against what God is calling us to do.

How we respond to that conviction will be a test of our hearts that will reveal if we are in the faith or not.